

## **ORIENTATION PHASE**

### **MELTING**

Before being formally accepted into The Recovery Program, all students must complete an orientation period. The Orientation Phase is the **melting phase**. The first step to a piece of scrap metal being refined is the melting process. Through this time the resident will allow old behaviors and life styles to be melted away from his/her life by the refining fire of God. The resident will not advance to the first phase until it is obvious that he/she has made the personal commitment to change their life. Following are the general requirements expected of residents during this period. This time is approximately 4-10 weeks in length.

1. Orientation period will consist of 4-10 weeks from date of entry into The DDC Recovery Program.
2. Residents and family/concerned parties must attend the Orientation class.
3. Must complete life story from beginning to present, and Step I of the Christian Twelve Steps.
4. Must exhibit a good attitude and show a willingness to work at their recovery.
5. Must be closely monitored by staff during the orientation period in the areas of:
  - a. Promptness and punctuality
  - b. Willingness to obey all rules
  - c. Having a desire to change
  - d. Promptness, consistency and cooperation in prayer and class time.
6. Begin building Christian relationships with others.

The key element to a successful recovery is a good attitude. The DDC staff and the resident's peers will be the first to know if the resident is allowing God to take him/her through the melting process by observing the residents attitude.

**Psalms 22:14...I am poured out like water, and all my bones are out of joint; My heart is like wax, it has melted within me.**

**At the end of Orientation you will be eligible to be entered into The Program by Director.**

**PHASE I**  
**POURING**  
**Matthew 16:18**

The Recovery Program is divided into four phases. The first phase is the pouring phase. After being melted, the next step is the pouring process. Psalms 62:8 says...."Trust in him at all times, you people, pour out your heart before Him, God is a refuge for us." As the melted heart of a person pours out so that every hidden part becomes exposed, it is only then that God can start molding the person's heart toward His perfect will. This phase is approximately 6-10 weeks in length.

The following are requirements that must be fulfilled in order to move on to Phase II of the program:

1. No permission to leave the property for any reasons other than an emergency.
2. Resident is eligible to make two 10-minute phone calls per day.
3. Residents must attend all chapel services and classes.
4. Participate in study and prayer time.
5. Work through Christian Twelve Steps two and three, work through "My Identity in Christ" workbook and memorize the associated verses. This needs to be turned in before you phase.
6. You will be required to meet with your counselor at least 1 hour, every week.
7. Resident must acquire a Birth certificate, Social Security Card and a picture ID before entering Phase II.

**At the end of this time frame you will be eligible to be advanced into Phase II by Program Director.**

**PHASE II**  
**MOLDING**  
**Matthew 7:24-27**

Just as with building a house, the foundation of your life is vital. For on it everything else rests and depends. This phase is the foundation on which the rest of the program builds. You have made the decision to change your life. Now the work begins! During this phase, you will continue to learn principles that will help you to change your life. This phase is approximately 13-17 weeks in length.

The following are requirements that must be fulfilled in order to move on to Phase III of the program.

1. You begin to explore your future and set goals to reach those expectations.
2. In Phase II you may make two 10 minute phone calls per day and be eligible for one 48 hour pass per month, and one 8 hour pass per month.
3. Continue to attend all classes and complete all assignments.
4. Follow all rules and policies of The DDC Recovery Program.
5. Begin outside work therapy as determined and approved by program director.
6. Continue working to restore relationships with family members.
7. If the resident did not graduate High School he/she must enroll and attend GED classes.
8. Work through Christian Twelve Step four, and the "Search for Significance" workbook, and memorize associated verses.
9. Continue to meet with counselor 1 hour per week.
10. If applicable start marriage counseling for at least once a month, as advisable by the Program Director.
11. In the latter part of this phase, client should be steadily attending W/T, and keeping in contact with the career center for higher paying job and college opportunities.

**At the end of this time period you will be eligible to be advanced into Phase III by the Women's Program Director.**

**PHASE III**  
**SHAKING**  
**Galatians 5:22**

Just as with building a house, a good sturdy framework is very important - it holds the house together. During this phase of the program you will continue to learn life-changing Biblical principles, focusing on the fruits of the Spirit. Like an apple tree that will produce apples, a new Christian will begin to reflect the characteristics of Christ. As you grow, you will develop the ability to withstand the storms of life. You will also begin to develop people skills that will enable you to interact with people of all walks of life. This phase is approximately 13-17 weeks in length.

The following are requirements that must be fulfilled in order to move on to the final phase of this program:

1. Continue to develop your Christian walk through personal and group Bible studies.
2. Continue classes for GED.
3. In Phase III you will be eligible for two 48 hours passes, and two 8 hour passes per month.
4. Follow all rules and policies of The DDC Recovery Program.
5. You will be required to meet with your counselor at least every other week.
6. Demonstrate the ability to interact with others using the fruits of the Spirit.
7. Continue outside work therapy as determined and approved by Program Director.
8. Must have enrolled and attended classes for GED.
9. Work through the remainder of the Christian Twelve Steps through "Overcomers" and "Celebrate Recovery" meetings, and "The Mind of Christ" workbook. Memorize associated verses.
10. Continue outside W/T.
11. You will not be allowed to phase without having full-time employment.

ADVANCEMENT TO THE FINAL PHASE WILL BE DETERMINED BY YOUR ABILITY TO INTERACT WITH PEOPLE AND DEAL WITH ADVERSITY. IN OTHER WORDS, IF YOUR TREE DOESN'T BEAR FRUIT, YOU WILL NOT BE TRANSPLANTED TO PHASE IV.

**PHASE IV**  
**CLEANSING & GRINDING**  
**Ephesians 2:19-22**

This is the completion phase. You have worked hard. You're almost finished! Your "new house" is almost completely built. The finishing touches will transform your house into a warm home. This is the time when you start polishing what you have learned. During this final phase, you must have full-time outside employment. This phase is approximately 16-24 Weeks.

The following requirements must be fulfilled in order to graduate from the program:

1. Upon entering Phase IV, see Director for Phase four guidelines and policies.
2. Continue to develop your Christian walk through personal and group Bible studies.
3. Continue to attend designated chapel services and classes. Turn in verification of attendance.
4. Follow all rules and policies of The DDC.
5. Continue to meet with your counselor every other week.
6. Complete financial planning workbook.
7. Write a 400-word essay on your progress, including what you have learned about yourself and your plans after graduation.
8. All legal problems must be resolved.
9. Must have completed GED program.
10. Graduation – *To be announced.*
11. Encouraged to attend Wednesday night church.
12. Employed students in Phase IV are asked to contribute \$50.00 per week toward the program, or \$10.00 per day if not employed full-time. If a student only works part-time, he must attend work-therapy for The DDC during the remainder of the workweek.
13. All Fourth Phase students must actively pursue employment with permission from supervisor. This is to be coordinated with Program Director. A work schedule must be submitted to the Program Director with place of employment, supervisor, and phone number.

**THIS PROGRAM MAY VARY DEPENDING ON YOUR INDIVIDUAL NEEDS.**